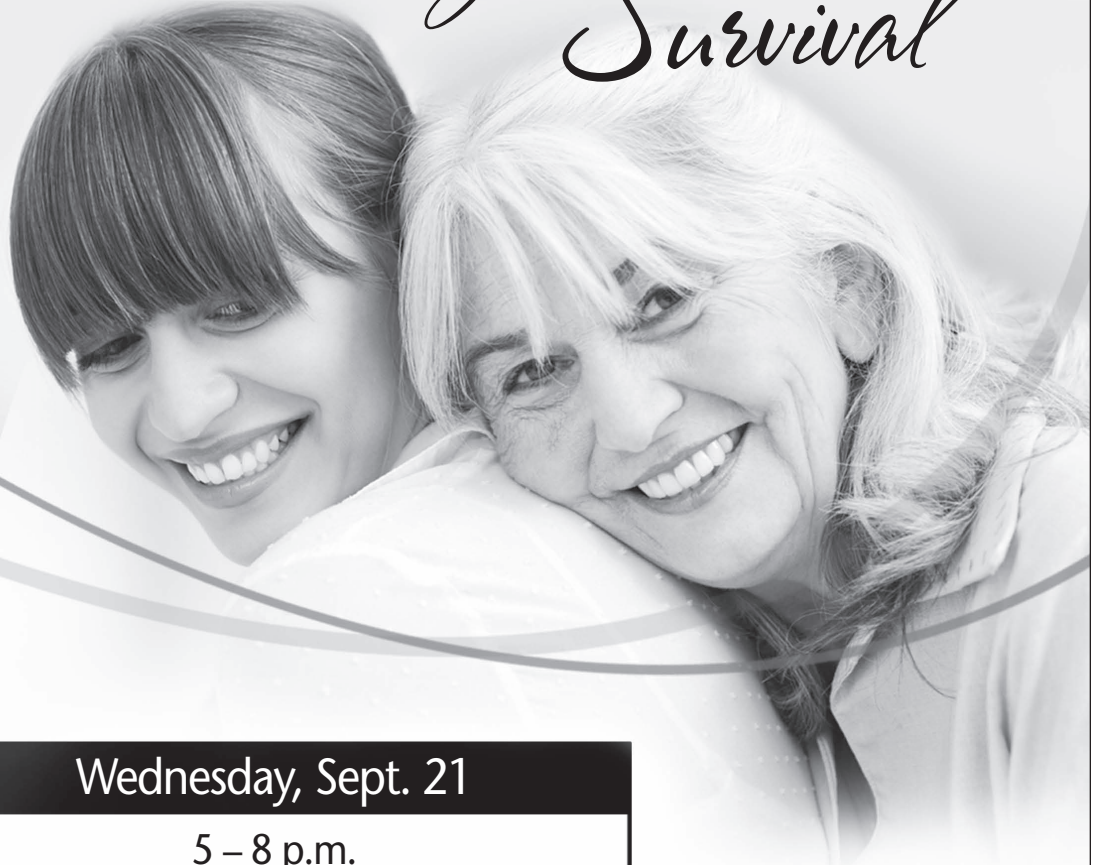


# Essential Women's Health Updates

*Early Detection is the Key to Survival*



...Join us for an evening of insights from some of Tucson's foremost experts on women's health. Learn about cancer from the patient's voice, breast health, how to navigate your GYN appointment, and the newest technology for diagnosis and treatment of GYN cancers.

- Compelling patient stories and info about the National Ovarian Cancer Coalition (NOCC)
- Speaker panel Q&A

#### Event Partners



Wednesday, Sept. 21

5 – 8 p.m.

TMC Marshall Conference Center

Please call 324-1960 to register.

With personal stories, we learn the experience of an elusive diagnosis, the shock of hearing "you have ovarian cancer," the personal side of surgery and chemotherapy, and how we face our new lives and our future.

**Coping with Ovarian Cancer – The Human Face of This Disease**  
Margaret Hoeft, FNP (ret), Patient Navigator

- Clarification of breast-screening guidelines as recommended by professional organizations such as The American Cancer Society, The American College of Obstetrics and Gynecology and The American College of Radiology.
- Develop an understanding of how various imaging modalities are used in the examination of breast tissue.
- Understand the steps to take if you notice a breast change.

**Breast Health Update**  
Karen Narum, NP, TMC Women's Services

- Post-menopause bleeding
- Distinguish between pelvic exam and Pap smear
- What to talk to your GYN about during the well-woman appointment.

**Navigating Your GYN Appointment**  
Heather Andrews, MD, Genesis OB/GYN

- The role of the GYN oncologist in evaluation and treatment of gynecological cancers, focusing on ovarian cancer
- The latest in surgical and chemotherapy management

**Managing GYN Cancers: Focus on Ovarian Cancer**  
Alton V. Hallum III, MD, Arizona Oncology



5301 E. Grant Road • Tucson, AZ 85712  
(520) 327-5461 • www.tmc.az.com